



i'm  
**HADLEY**  
HEN

# MARCH

**2020**

TDA's March 2020 Menu Calendar

**SCHOOL  
BREAKFAST  
WEEK**  
MARCH 2-6  
SquareMeals.org/SBW

| M   | T  | W   | TH  | F  |
|---|--|---|---|--|
| Steak Fingers<br>Potato/Gravy<br>Broccoli<br>Roll<br>Fruit Milk 2   | Chicken Crispito<br>Refried Beans<br>Spanish Rice<br>Salsa<br>Fruit Milk 3 | Mini Corn Dogs<br>Mac & Cheese<br>Carrots<br>Fruit Milk 4                     | BBQ Chicken<br>Scalloped Potato<br>Ranch Style Bean<br>Cornbread Muffin<br>Fruit Milk 5 | Chicken Burger<br>Lettuce/Tomato<br>Oven Fries<br>Baked Beans<br>Fruit Milk 6  |
| Chicken Nugget<br>Potato/Gravy<br>Spinach<br>Roll<br>Fruit Milk 9   | Beef Nachos<br>Refried Beans<br>Spanish Rice<br>Salsa<br>Fruit Milk 10     | Sub Sandwich<br>Lettuce/Tomato<br>Chips<br>Pickle Spears<br>Fruit Milk 11     | Hot Dog/Bun<br>Chili/Cheese<br>Potato Smiles<br>Carrots<br>Fruit Milk 12                | Hamburger<br>Lettuce/Tomato<br>Oven Fries<br>Baked Beans<br>Fruit Milk 13      |
| Chicken Rings<br>Potato/Gravy<br>Broccoli<br>Roll<br>Fruit Milk 16  | Frito Pie<br>Chili/Cheese<br>WK Corn<br>Carrots<br>Fruit Milk 17           | Baked Pot/BBQ<br>Cheese/S.Crea<br>Sliced Carrots<br>Roll<br>Fruit Milk 18     | Chicken Burger<br>Lettuce/Tomato<br>Oven Fries<br>Baked Beans<br>Fruit Milk 19          | TEACHER'S<br>WORKDAY<br>STUDENT<br>HOLIDAY 20                                  |
| Popcorn Chicken<br>Potato/Gravy<br>Spinach<br>Roll<br>Fruit Milk 23 | Cheese Sticks<br>WK Corn<br>Green Beans<br>Marinara<br>Fruit Milk 24       | Oven Chicken<br>Au gratin Potato<br>Green Beans<br>Cornbread<br>Fruit Milk 25 | Spaghetti/Mball<br>Garden Salad<br>Sliced Carrots<br>Garlic Bread<br>Fruit Milk 26      | Chicken Burger<br>Lettuce/Tomato<br>Oven Fries<br>Baked Beans<br>Fruit Milk 27 |
| Chicken Strip<br>Potato/Gravy<br>Broccoli<br>Roll<br>Fruit Milk 30  | Chicken Gumbo<br>Rice/Crackers<br>Potato Salad<br>Carrots<br>Fruit Milk 31 |   |   |  |

**GOOD  
EATS AT**  
Fish Burgers  
Offered On  
Fridays

**SPECIAL  
ANNOUNCEMENTS**  
SNACK BAR:  
MON-PIZZA  
TUES-TACO ROLL or PBJ  
WED-CRISPITO or PBJ  
THUR-CHICKEN RINGS  
FRI-PIZZA



**The Art Contest Continues!**  
Enter today! Deadline next month!  
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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# HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

## HADLEY HEN'S FAVORITE ACTIVITY

Bowling



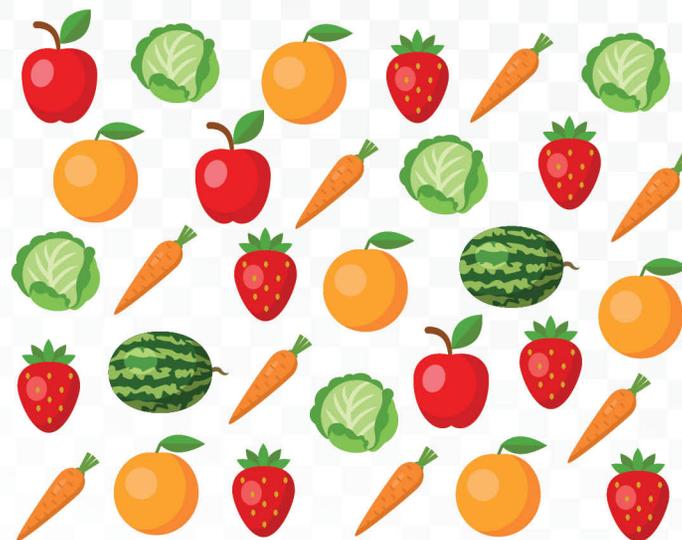
### WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

### HOW MANY?

Count the correct number of each fruit or vegetable below.



### FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

## POWER BRAIN POWER



### JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



|   |       |   |       |
|---|-------|---|-------|
|  | _____ |  | _____ |
|  | _____ |  | _____ |
|  | _____ |  | _____ |

- |   |   |   |   |
|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |