



i'm
**HADLEY
HEN**

MARCH

2020

TDA's March 2020 Menu Calendar

SCHOOL BREAKFAST WEEK

MARCH 2-6

SquareMeals.org/SBW

**GOOD
EATS AT**

Fish Burgers
Offered On
Fridays

**SPECIAL
ANNOUNCEMENTS**

SNACK BAR:
MON-PIZZA
TUES-TACO ROLL or PBJ
WED-CRISPITO or PBJ
THUR-CHICKEN RINGS
FRI-PIZZA

Steak Fingers
Potato/Gravy
Broccoli
Roll
Fruit Milk **2**

Chicken Crispito
Refried Beans
Spanish Rice
Salsa
Fruit Milk **3**

Mini Corn Dogs
Mac & Cheese
Carrots
Fruit Milk **4**

BBQ Chicken
Scalloped Potato
Ranch Style Bean
Cornbread Muffin
Fruit Milk **5**

Chicken Burger
Lettuce/Tomato
Oven Fries
Baked Beans
Fruit Milk **6**

Chicken Nugget
Potato/Gravy
Spinach
Roll
Fruit Milk **9**

Beef Nachos
Refried Beans
Spanish Rice
Salsa
Fruit Milk **10**

Sub Sandwich
Lettuce/Tomato
Chips
Pickle Spears
Fruit Milk **11**

Hot Dog/Bun
Chili/Cheese
Potato Smiles
Carrots
Fruit Milk **12**

Hamburger
Lettuce/Tomato
Oven Fries
Baked Beans
Fruit Milk **13**

Chicken Rings
Potato/Gravy
Broccoli
Roll
Fruit Milk **16**

Frito Pie
Chili/Cheese
WK Corn
Carrots
Fruit Milk **17**

Baked Pot/BBQ
Cheese/S.Crea
Sliced Carrots
Roll
Fruit Milk **18**

Chicken Burger
Lettuce/Tomato
Oven Fries
Baked Beans
Fruit Milk **19**

TEACHER'S
WORKDAY
STUDENT
HOLIDAY **20**

Popcorn Chicken
Potato/Gravy
Spinach
Roll
Fruit Milk **23**

Cheese Sticks
WK Corn
Green Beans
Marinara
Fruit Milk **24**

Oven Chicken
Au gratin Potato
Green Beans
Cornbread
Fruit Milk **25**

Spaghetti/Mball
Garden Salad
Sliced Carrots
Garlic Bread
Fruit Milk **26**

Chicken Burger
Lettuce/Tomato
Oven Fries
Baked Beans
Fruit Milk **27**

Chicken Strip
Potato/Gravy
Broccoli
Roll
Fruit Milk **30**

Chicken Gumbo
Rice/Crackers
Potato Salad
Carrots
Fruit Milk **31**



The Art Contest Continues!

Enter today! Deadline next month!

SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



WHAT TO KNOW

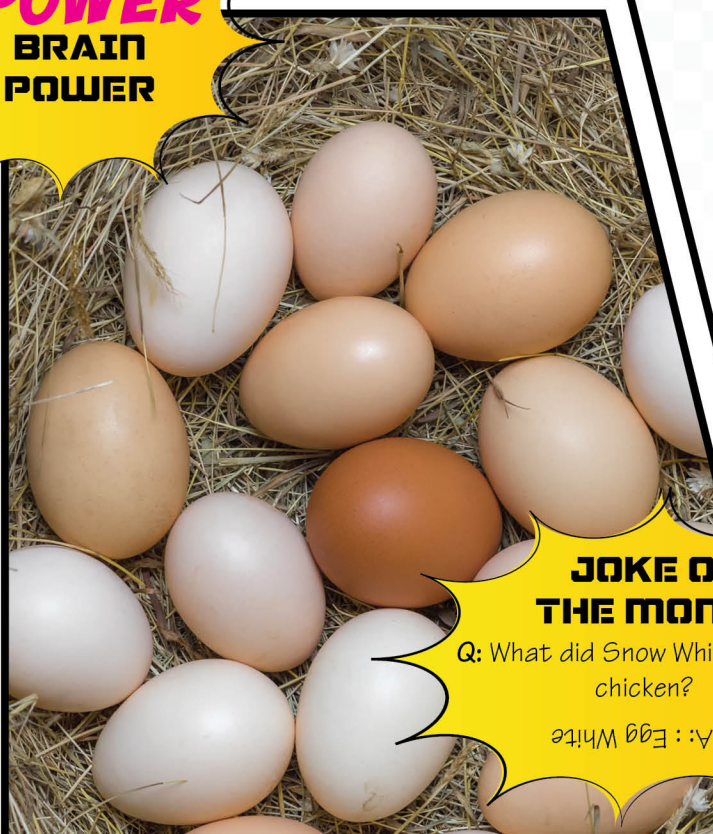
This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

POWER BRAIN POWER

FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



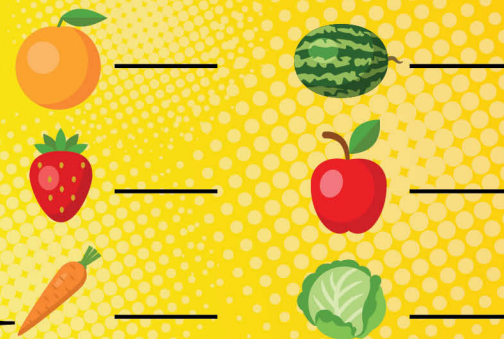
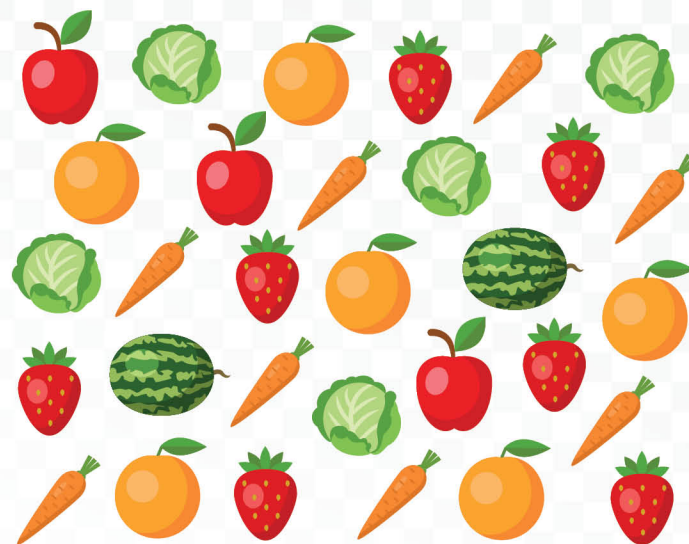
JOKE OF THE MONTH






Q: What did Snow White call her chicken?

A: Egg White

HOW MANY?

Count the correct number of each fruit or vegetable below.



5		8	
3		7	
2		6	